



Making

CONNECTIONS



ANNUAL CONFERENCE

October 10, 2022 | Hilton Garden Inn | 235 Hoosick St., Troy

Agenda

CHECK IN: 7:15AM

MORNING SESSIONS: 8:00–10:00AM

MID-MORNING SESSIONS: 10:15AM–12:15PM

LUNCH: 12:15 –1:15PM

AFTERNOON SESSIONS: 1:15–3:15PM

LATE AFTERNOON SESSIONS: 3:30–5:30PM

FINANCIAL AID

EDUCATIONAL INCENTIVE PROGRAM (EIP)

Scholarship funding may be available for Family/Group, Center and School-age programs through the Educational Incentive Program (EIP). Visit ECETP online at <HTTPS://WWW.ECETP.PDP.ALBANY.EDU/INDEX.ASPX>

ADDITIONAL INFORMATION

8 hours of training | 0.8 CEUs
Buffet lunch





INFANT AND TODDLER *Track*

FOSTERING CHILDREN'S DEVELOPMENT THROUGH PLAY

Early experiences are enriched by opportunities to play and to be creative. Play amplifies the child's voice, allowing them to be seen, heard, and validated as competent individuals with belonging in the community. The way we prepare, observe, and respond to a child's play creates an atmosphere for growth in all skill areas. Learn how to evaluate objects and environments to develop more playful toddler environments and leave with tons of ideas and items to foster high value play.

[LAUREN COHEN AND CHRIS STACK, THE WONDER ROOM](#) | TIME: 8:00 AM - 10:00 AM

OCFS: 1 | CBK: 1, 4 | QSNY: CPI 6, 8

INFANT FEEDING

Learn how supportive infant feeding practices are an important part of creating an environment that encourages infant growth and development. With the health and happiness of the baby in mind, discover how to support families on their feeding journey. We will also discuss safe handling and storage of breastmilk and infant formula, how to identify hunger and fullness cues, and signs of solid food readiness. We will also explore methods of introducing infants to solid foods including baby-led weaning.

[DESIREE MYERS, CHILD CARE HEALTH CONSULTANT, BRIGHTSIDE UP](#) | TIME: 10:15 AM - 12:15 PM

OCFS:1, 2 | CBK 5 | QSNY: PH 6

IDENTIFYING DEVELOPMENTAL DELAYS USING THE AGES AND STAGES QUESTIONNAIRES

The Ages and Stages Questionnaire (ASQ) can help determine what typical development is and what might be considered at risk for a delay. Resources and materials for communicating concerns with families will be shared. Ways to use the Ages and Stages Questionnaire to support lesson planning and engagement will also be discussed.

[DEANNA CLEMENTS AND JENNA RUTH, INFANT TODDLER SPECIALISTS, BRIGHTSIDE UP](#)

TIME: 1:15 PM - 3:15 PM | OCFS: 1, 3 | CBK: 1 | QSNY: COA 6, COA 8

DUAL LANGUAGE LEARNERS

Professionals working with children who are bilingual or learning a second language during early childhood play an important role in language acquisition and plan strategies to support those children. Identify and understand the importance of respecting each child's home culture and language. Learn the benefits of being bilingual; strategies for helping children feel confident enough to engage in verbal communication; and the stages of English language learning, experiments, and complex art projects. We will review teaching strategies, materials, and activities to promote fine motor development.

[KATHLEEN HARLAND, DIRECTOR OF INFANT AND TODDLER SERVICES, BRIGHTSIDE UP](#)

TIME: 3:30 PM - 5:30 PM | OCFS: 1, 3 | CBK: 2 | QSNY: FIS 9, FIS 10

SPANISH

Track

TRANSICIONES

Los niños pasan de una actividad a otra en varios momentos del día; algunas transiciones son rápidas, algunas son lentas y algunas dependen de cada niño en particular. Una transición breve y atractiva ayuda a los niños a pasar de una actividad a la siguiente con intención. Exploraremos cómo las transiciones efectivas pueden ayudar a reducir los comportamientos desafiantes y mejorar la experiencia de aprendizaje. También discutiremos y practicaremos estrategias para la transición entre actividades y cada participante se irá con un plan para apoyar las transiciones exitosas.

[RAQUEL SADDLEMIRE, DIRECTOR OF EDUCATION AND DEVELOPMENT, BRIGHTSIDE UP](#)

[TIME: 8:00 AM - 10:00 AM | OCFS: 1, 3 | CBK: 4](#)

ARTE-ENFOCADO EN EL PROCESO

El proceso en el arte tiene que ver con la experiencia que los niños tienen mientras crean. Pondremos énfasis en la ruta que toman los niños para llegar al resultado final, no en el resultado en sí. Profundice su comprensión de la creatividad de los niños a través del arte y las experiencias sensoriales apropiadas para el desarrollo en este entrenamiento. Revisaremos las diferencias entre las artes enfocadas en procesos y productos y exploraremos una amplia variedad de materiales sensoriales que estimularán los sentidos de los niños.

[ALFRED FELICIANO, EARLY CHILDHOOD TRAINER, BRIGHTSIDE UP](#)

[TIME: 10:15 AM - 12:15 PM | OCFS: 1, 3 | CBK: 1, 4 | QSNY: CPI 6](#)

HORARIO VISUAL DIARIO

En programas altamente productivos, los niños hacen la transición de una actividad a la siguiente con poca redirección. Aprenda a usar un horario visual diario para ayudar a los niños a ser más independientes, sentirse seguros y concentrarse en el aprendizaje. Evalúe su horario para asegurar el éxito de los niños y el desarrollo de habilidades de autorregulación. Entenderás cómo crear y enseñar tu horario a los niños y visualizar un día positivo.

[RAQUEL SADDLEMIRE, DIRECTOR OF EDUCATION AND DEVELOPMENT, BRIGHTSIDE UP](#)

[TIME: 1:15 PM - 3:15 PM | OCFS: 1, 3 | CBK 1, 4](#)

APRENDIENDO DOS IDIOMAS A LA VEZ

Profesionales que trabajan con niños que son bilingües o están aprendiendo una segunda lengua durante la primera infancia juegan un papel importante en la adquisición del lenguaje y en el planificar estrategias para apoyar a esos niños. Identificar y comprender la importancia de respetar el lenguaje materno y la cultura de origen de cada niño debe ser una prioridad. Conozca los beneficios de ser bilingüe; estrategias para ayudar a los niños a sentirse lo suficientemente seguros para comunicarse verbalmente; y las etapas del aprendizaje del idioma inglés.

[ALFRED FELICIANO, EARLY CHILDHOOD TRAINER, BRIGHTSIDE UP](#)

[TIME: 3:30 PM - 5:30 PM | OCFS: 1, 3 | CBK: 2 | QSNY: FIS 6, FIS 10](#)

PROGRAM

LEADERSHIP

Track

UNDERSTANDING THE ENVIRONMENT RATING SCALES

The Environment Rating Scales are a tool used to analyze the quality of a whole program and categorize it into its different facets, so strengths of the program as well as potential areas of growth are identified. Through lecture, small group discussion, case studies, hands-on activities, and practice with videos, you will learn how to use the tool to evaluate your early childhood program and develop an action plan for quality.

[COLLEEN STERLING, EARLY CHILDHOOD EDUCATION COORDINATOR, BRIGHTSIDE UP](#)

[TIME: 8:00 AM - 10:00 AM | OCFS: 1, 3 | CBK: 1, 4 | QSNY: CE 1, HE 1](#)

DEVELOPING COMPREHENSIVE WELLNESS POLICIES

Assess your current wellness policies and lift your program's healthy practices even higher. Together, we will review sample wellness policies for strengths and weakness while keeping your program's needs in mind. Identify the movers and shakers needed to strengthen practices and brainstorm strategies to sustain your wellness plan with staff and families. Quality Stars Obesity Prevention Plans mesh nicely with this workshop.

[BONNIE SCHULTZ, REGISTERED DIETITIAN, BRIGHTSIDE UP](#)

[TIME: 10:15 AM - 12:15 PM | OCFS: 2, 3 | CBK: 5 | QSNY: PH 6](#)

SUPERVISION AND MANAGEMENT TECHNIQUES

As a child care center, school-age, or legally exempt group director, you have responsibilities to all the stakeholders in your program. You take on many roles which require you to guide and implement the vision and mission of the program. Learn to identify techniques to assist you in leading your program to provide quality care to children.

[JACKIE FARMER, EARLY CHILDHOOD EDUCATION COORDINATOR, BRIGHTSIDE UP](#)

[TIME: 1:15 PM - 3:15 PM | OCFS: 3 | CBK 6](#)

BUILDING ADULT RESILIENCE

Reflect on stressors in life and how they impact our effectiveness in working with children and families. Learn strategies to beat burnout by examining what it means to be resilient. Identify and build a support system and learn techniques to help feel refreshed and in control.

[PHILOMINA ADJEI, EARLY CHILDHOOD MENTAL HEALTH COORDINATOR, BRIGHTSIDE UP](#)

[TIME: 3:30 PM - 5:30 PM | OCFS: 1, 3 | CBK: 1, 6](#)



SCHOOL AGE Track

REGULATIONS

Familiarize yourself with the regulations required by New York State and gain a clear understanding of your role in adhering to them. Work in small groups to locate specific regulations and evaluate real-world scenarios.

JACKIE FARMER, EARLY CHILDHOOD EDUCATION COORDINATOR, BRIGHTSIDE UP

TIME: 8:00 AM - 10:00 AM | OCFS: 7 | CBK: 7

AUTISM: MORE THAN A SPECTRUM

To truly be of service to a child with Autism Spectrum Disorder (ASD) we need to be able to understand and identify the common behaviors associated with Autism; as well as recognize the nuances of the disorder and the unique ways they may manifest in individual children. Join us to analyze and practice strategies that will aid in your support of children with ASD. During group work, we will evaluate case studies using our learned strategies to practice and plan for supporting children with ASD.

AMELIA GREEN, COMMUNITY EDUCATOR, BRIGHTSIDE UP

TIME: 10:15 AM - 12:15 PM | OCFS: 1, 3 | CBK:1

THE VALUE OF PLAY

Play is one of the primary approaches to learning. Children use play to express their ideas, feelings, and creativity. Through play, a child can try on every role and experience they have encountered in life and explore the world around them through that lens. Join us to discuss what play is, how play supports children's learning and development, and how you can support children's play. In addition, we will create strategies using play to enhance children's development and identify the corresponding developmental domains.

EMILY CUCCIO, EARLY CHILDHOOD TRAINER, BRIGHTSIDE UP

TIME: 1:15 PM - 3:15 PM | OCFS:1, 3 | CBK 1

EFFECTIVE ENGAGEMENT

Effective engagement with school-age children aids in the development of positive adult/child relationships, fostering healthy social and emotional development. Learn how to partner with school-age children to help them make choices, plan and reflect on activities, and take responsibility for their day.

KIMBERLY POLSTEIN, DIRECTOR OF MENTAL HEALTH SERVICES, BRIGHTSIDE UP

TIME: 3:30 PM - 5:30 PM | OCFS: 1, 3 | CBK: 2

PRESCHOOL

Track

CHOOSY EATERS

Choosy eating is a common behavior for children ages 2-5 years old. In this training, we will discuss concerns and difficulties, and learn strategies to encourage food acceptance, and increase food variety. We will also learn about how adult preferences and modeling positive relationships with foods play a role in children's eating behaviors.

[JEAN BOTTILLO, REGISTERED DIETITIAN, BRIGHTSIDE UP](#) | TIME: 8:00 AM - 10:00 AM

[OCFS: 2](#) | [CBK: 5](#) | [QSNY: PH 6](#)

INVESTIGATING BEHAVIOR

Understanding challenging behavior and adapting your strategies to match the function can feel like a full time job, but luckily we have the tools to help! Think like a detective as you examine effective ways to collect information about the behaviors you see. You will learn how to write objective observations, track frequency and intensity, and provide the evidence needed to "solve the behavior equation." In doing so, you will better understand a child's behavior, know when to seek additional guidance, and have strong data to advocate for a child and help them meet their needs.

[EMILY VANTASSEL, EARLY CHILDHOOD MENTAL HEALTH CONSULTANT, BRIGHTSIDE UP](#)

[TIME: 10:15 AM - 12:15 PM](#) | [OCFS: 1, 3](#) | [CBK: 3, 6](#) | [QSNY: COA 6, COA 8](#)

LANGUAGE AND LITERACY DEVELOPMENT

Explore research-based practices that promote communication, reading, and writing skills. Apply these strategies to the setting and design open-ended questions, a read-aloud lesson plan, and writing activities for play-based centers.

[JENNY EDWARDS, EARLY CHILDHOOD EDUCATOR AND COACH, BRIGHTSIDE UP](#)

[TIME: 1:15 PM - 3:15 PM](#) | [OCFS: 1, 3](#) | [CBK: 1, 4](#) | [QSNY: CPI 6](#)

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[RAQUEL SADDLEMIRE, DIRECTOR OF EDUCATION AND DEVELOPMENT, BRIGHTSIDE UP](#)

[TIME: 3:30 PM - 5:30 PM](#) | [OCFS: 1, 3](#) | [CBK: 2](#) | [QSNY: FIS 9, FIS 10](#)

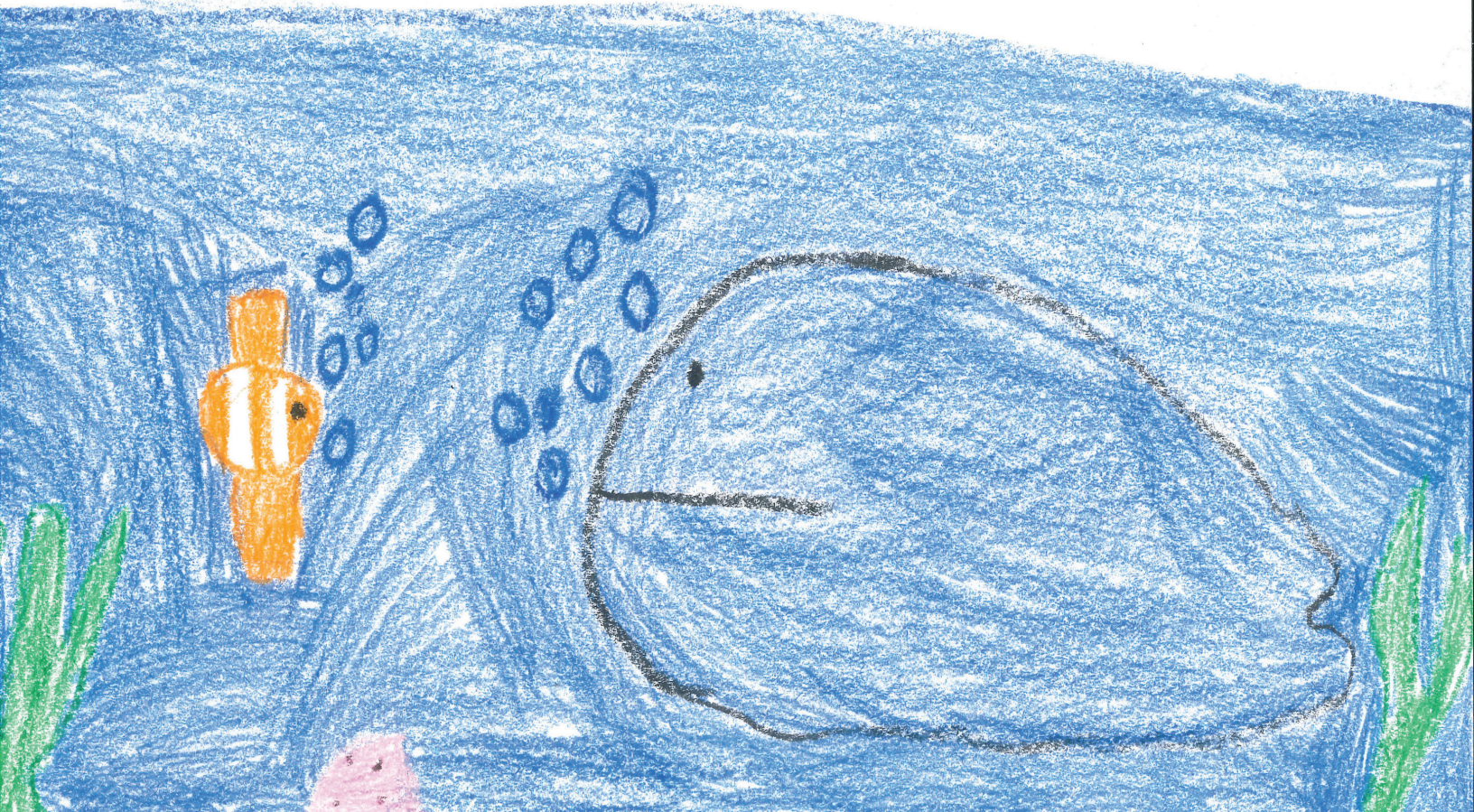


REGISTER ONLINE

REGISTRATION POLICIES

Refunds will be given when Brightside Up is notified of cancellation at least 1 week prior to the training date. Refunds will not be issued if the registrant does not cancel at least 1 week prior to the training date and does not attend.

Confirmation of registration is sent by email to the email address provided on the registration form.



MAKING CONNECTIONS 2022 REGISTRATION FORM

NAME

PROGRAM NAME

PROGRAM ADDRESS

CITY

STATE

ZIP

COUNTY

DAYTIME PHONE

EMAIL (FOR REGISTRATION CONFIRMATION)

WILL YOU GET A FLU SHOT?

- YES (bring your insurance card with you)
 NO

SESSION SELECTION WILL TAKE PLACE WHEN YOU CHECK IN.

SAVE TIME BY REGISTERING ONLINE

REGISTRATION FEE

REGISTER BY FRIDAY, SEPTEMBER 30: \$110

PAYMENT OPTIONS

Total enclosed: \$ _____

- Check/money order made payable to Brightside Up | CHECK MEMO: MC CONFERENCE 2022
 Credit card (please visit brightsideup.org to pay by credit card)

FOR OFFICE USE ONLY

Date: _____ Amount: _____

Method: _____ Ch #: _____

SCHOLARSHIP OPTIONS

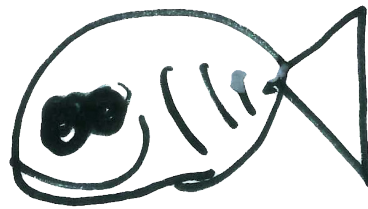
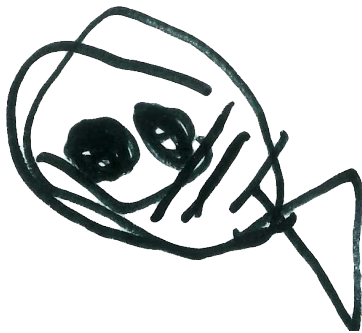
- EIP:** Record your EIP Award number here: _____. If you are awaiting your award and wish to register, prepay using the options above and you will be reimbursed for the awarded amount.
- CSEA/VOICE:** If you are the owner of a family child care or group family child care program and wish to use CSEA/VOICE Professional Development check here and send no payment. This does not apply to assistants.
- QSNY Scholar Dollars:** Register online using the promo code that your program was assigned.

CONTACT US WITH
QUESTIONS AT 518-426-7181
PLEASE SEND PAYMENT AND
FORM TO: BRIGHTSIDE UP
91 BROADWAY, MENANDS,
NY 12204



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FREE FLU SHOTS

10:00 am - 1:30 pm

(WITH INSURANCE CARD/WHILE SUPPLIES LAST)